21 DAYS OF PRAYER & FASTING

crossroads
christian church

WEEK ONE: Slowing Down to Be Transformed

Day 1 – Creating Space for God

Reading: Psalm 46:10

Pray for God to help you slow down and become aware of His presence today.

Reflect:

What has been crowding your attention?

Where do You need to create margin for God?

Day 2 – Letting Go of Hurry

Reading: Mark 6:31

Pray to God about your addiction to hurry. Ask that you could find rest in Him."

Reflect:

What does your schedule reveal about your priorities?

What would it look like to choose presence over productivity?

Day 3 – Sitting at Jesus' Feet

Reading: Luke 10:39-42

Pray for God to help you spend more time with Him. Pray for God to speak as you listen.

Reflect:

Are you more like Martha or Mary right now?

When do you most clearly hear God?

Day 4 – Listening for God's Voice

Reading: 1 Samuel 3:9-10

Pray for the Holy Spirit to quiet the noise in you so you can hear God's voice."

Reflect:

What distractions do you need to surrender?

What might God be saying to you today?

Day 5 – Surrendering Control

Reading: Proverbs 3:5-6

Pray for God to help you release your need to control outcomes. Trust God with your life."

Reflect:

Where are you holding tightly instead of trusting fully?

What does surrender look like today?

Day 6 – Being with God

Reading: John 15:4

Pray for God to remind you that being with Him matters more than doing things."

Reflect:

How does your identity shape your activity?

Where do you find your worth?

Day 7 – Transformation Through Faithfulness

Reading: Romans 12:1-2

Pray for God to use these small daily practices to shape you into the likeness of Christ."

Reflect:

How have you sensed God at work this week?

What new rhythms do you want to carry forward with Him?

WEEK TWO: Living on Every Word

Day 8 – Recognizing Our Hunger

Reading: Psalm 63:1

Pray for God to reveal what you turn to instead of Him. Pray that He will teach you to hunger for Him above all else.

Reflect:

What do you crave when you're stressed or tired?

What might God be inviting you to replace with His presence?

Day 9 – Depending on God Alone

Reading: Deuteronomy 8:3

Pray to God and declare that He is your source and sustainer.

Reflect:

Where have you been self-reliant instead of God-dependent?

What does trust look like today?

Day 10 – Feeding on God's Word

Reading: Jeremiah 15:16

Pray to God to nourish your soul as you meditate on His Scripture.

Reflect:

How does God's Word speak into your current situation?

What verse do you need to carry with you today?

Day 11 – Resisting Temptation

Reading: Matthew 4:4

Pray for God to strengthen you to resist temptation by trusting His truth.

Reflect:

What lies are you tempted to believe?

What truth from God's Word counters them?

Day 12 – Trusting God in Weakness

Reading: 2 Corinthians 12:9

Pray God to take your weakness. Pray that His strength is made perfect in you.

Reflect:

Where do you feel vulnerable right now?

How might God use this to deepen your faith?

Day 13 – Choosing Obedience

Reading: John 14:23

Pray for God to help you obey Him even when it is difficult.

Reflect:

Is there a step of obedience God has been prompting?

What is holding you back?

Day 14 – Living by God's Provision

Reading: Philippians 4:19

Pray and thank God for sustaining you. Choose to live by every word He speaks.

Reflect:

How has fasting shaped your dependence on God?

What has God been revealing to you?

WEEK THREE: Practicing the Presence of God

Day 15 – Approaching God as Father

Reading: Romans 8:15

Pray a thank you to God for welcoming you and loving you as His child.

Reflect:

How does seeing God as Father shape your prayers?

Where do you need to receive His love?

Day 16 – Honoring God's Name

Reading: Matthew 6:9

Pray for your life to reflect God's holiness and goodness.

Reflect:

How do your words and actions honor God?

What needs to be realigned?

Day 17 – Seeking God's Kingdom

Reading: Matthew 6:10

Pray for the Kingdom of God to come in your heart, your home, and your church.

Reflect:

Where are you prioritizing your kingdom over God's?

How can you seek God's will today?

Day 18 – Trusting God for Daily Needs

Reading: Matthew 6:11

Pray and thank God for providing what you need today.

Reflect:

What worries do you need to release to God?

How has God already provided?

Day 19 – Living in Forgiveness

Reading: Matthew 6:12

Pray that God would forgive you as you forgive others. Pray that He would heal your heart.

Reflect:

Is there unforgiveness you need to release?

How does forgiveness reflect God's grace?

Day 20 – Walking in God's Guidance

Reading: Psalm 25:4-5

Pray for the Holy Spirit to lead you away from temptation and toward God's plan for your life.

Reflect:

Where do you need God's guidance today?

What steps help you remain close to Him?

Day 21 – Living a Life of Prayer

Reading: 1 Thessalonians 5:16-18

Pray that prayer would be your first response, not your last resort.

Reflect:

How has your prayer life changed over these 21 days?

What practices will you continue?

Closing Encouragement for the Church

These 21 days are not an ending, but a beginning. God uses consistent, faithful practices to form us into people who live attentive, dependent, and prayerful lives.